



Instructions for writing the manuscript

The manuscript must be written in English, Times New Roman format, size 12, alignment at 1,25. Figures must be attached in .pdf or .jpg format, accompanied by instructions related to their positioning. Page format must be B5, Microsoft® Word (.doc or .docx), with edges: left 2 cm, right 2 cm, top-bottom 2 cm.

TITLE OF THE ARTICLE GOES HERE

(Helvetica, 16)

First Name SURNAME¹, First Name SURNAME² etc.

(Georgia, 12)

¹Affiliation, ²Affiliation etc

(Georgia, 10)

Keywords: maximum 5.

(Helvetica, 10)

Abstract: 150 words maximum in English.

(Helvetica, 12)

INTRODUCTION

This is where your introduction and paper body begin. You have to write minimum four full text pages, in English .

AIM / PURPOSE

MATERIALS AND METHODS

(Participants/Sample)

(Procedure(s))

(Instruments)

RESULTS

For tables and figures:

Table no. 1. Title of the table

Do not insert scanned tables. Font size 8, border colour-black, shading-clear.

Figure no. 1. Title of the figure

If using charts, these should not be scanned, so as to allow any possible corrections, if the case may be.

DISCUSSIONS

CONCLUSIONS

REFERENCES

References should be numbered consecutively in the order in which they are first mentioned in the text. The first reference will be numbered (1). All references should be listed in the main manuscript in Vancouver or APA styles.

Examples:

Author AA, Author BB. Title of article. Abbreviated title of Journal [Internet]. Date of publication YYYY MM [cited YYYY Mon DD]; volume number(issue number): page numbers. Available from: URL

Author AA. Title of web page [Internet]. Place of Publication: Sponsor of Website/Publisher; Year published [cited YYYY Mon DD]. Number of pages. Available from: URL DOI: (if available)

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